

NO FEAR ON THEM NOR WILL THEY BE SAD

Class 2

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No Fear On Them Nor Will They Be Sad

Introduction

Allah promised the believers that there will be no fear on them and they will not be sad. We need to remove fear and grief from its roots. People become paralyzed when they are afraid and this is worse. They get scattered and go all over the place. Afraid people effect the whole society. Allah tells us how to deal with any type of fear and to overcome it.

There are obstacles in seeking guidance which are:

1. Being ungrateful for the blessings. People will complain about every blessing and this shows ingratitude. If we do not appreciate what we have then for sure we will not be happy
2. Banu Israel is an example of a nation who are not happy. Allah honored Banu Israel and guided them and showed them the signs. Allah made their life easy by giving them the best quality of food Man (sweet) and Salwa (bird that was very easy to catch). Allah made their life easy but they were bored and they wanted food that they can plant i.e. vegetables. Ingratitude lead them to transgress and to be disobedient.

SURAH AL BAQARAH AYAH 61

2:61
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وَإِذْ قُلْتُمْ يَأْمُوسُنِي لَنْ تَصِيرَ عَلَى طَعَامِ وَجْدٍ فَادْعُ لَنَا رَبَّكَ يُخْرِجَ لَنَا مِنَ الْأَرْضِ مِنْ
 بَقِيلَهَا وَقِثَاءِهَا وَفُؤُمَهَا وَعَدَسَهَا وَبَصَلَهَا قَالَ أَنْسَتَبْدُلُونَكَ الَّذِي هُوَ أَذْنَافٌ بِالَّذِي
 هُوَ خَيْرٌ أَهْبِطُوا مِصْرًا فَإِنَّ لَكُمْ مَا سَأَلْتُمْ وَضُرِبَتْ عَلَيْهِمُ الْذِلَّةُ وَالْمَسْكَنَةُ وَبَاءُوا
 بِعَصَبٍ مِنْ أَلَّهِ ذَلِكَ بِأَنَّهُمْ كَانُوا يَكْفُرُونَ كِبَارَتِ الْمُجْرِمُونَ الَّذِينَ يَعْتَرُونَ الْحَقَّ ذَلِكَ
٦١
 إِمَّا عَصَمُوا وَكَانُوا يَعْتَدُونَ

SAHIH INTERNATIONAL

And [recall] when you said, "O Moses, we can never endure one [kind of] food. So call upon your Lord to bring forth for us from the earth its green herbs and its cucumbers and its garlic and its lentils and its onions." [Moses] said, "Would you exchange what is better for what is less? Go into [any] settlement and indeed, you will have what you have asked." And they were covered with humiliation and poverty and returned with anger from Allah [upon them]. That was because they [repeatedly] disbelieved in the signs of Allah and killed the prophets without right. That was because they disobeyed and were [habitually] transgressing.

We need to grateful for the blessings of Allah as gratitude brings so much goodness.

The reason for **Ingratitude** is:

1. Disbelief in Allah and the Day of Judgement
2. Being corrupt and not doing good deeds

The one who is grateful believes in Allah and rushes to do good deeds in order to earn his pleasure.

No Fear On Them Nor Will They Be Sad

SURAH AL BAQARAH AYAH 62

2:62
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إِنَّ الَّذِينَ إِمَانُوا وَالَّذِينَ هَادُوا وَالنَّصَارَى وَالصَّابِرِينَ مَنْ إِمَانَ بِاللَّهِ وَالْيَوْمِ
 الْآخِرِ وَعَمِلَ صَلِحًا فَلَهُمْ أَجْرٌ مُّنْهَىٰ رَبِّهِمْ وَلَا خُوفٌ عَلَيْهِمْ وَلَا هُمْ
٦٢
يَخْرُقُونَ

SAHIH INTERNATIONAL

Indeed, those who believed and those who were Jews or Christians or Sabeans [before Prophet Muhammad]
 - those [among them] who believed in Allah and the Last Day and did righteousness - will have their reward
 with their Lord, and no fear will there be concerning them, nor will they grieve.

The problem is ingratitude which is due to disbelief in Allah and the last day. And the solution is to believe in Allah and the day of Judgment and to do righteous good deeds. This way you have both inner and outer security. It is our responsibility to have inner security. No fear and grief is something within us. We cannot be dependent on the outside to achieve inner peace and tranquility.

THE REMEDY:

GUIDANCE: FAITH + RIGHTEOUS GOOD DEEDS

- Inside: We need to have Faith that bring security and tranquility.
- Outside: Our limbs need to be occupied with doing righteous good deeds.

FAITH (INSIDE NOURISHMENT)

Faith in Arabic is Iman. Faith means confirmation. If you have faith in something it means you are sure about it.

The meaning of faith in the language is

1. Faith means **Confirmation**: If you have faith in something it means you are sure about it.
2. Faith means **Trust**. Faith means to trust Allah completely I trust that Allah is always with us. We cannot trust people completely as they may not be able to do something.

3. **Tranquility and peace:** With faith we are so much under control and in conformation which makes us tranquil. People panic because they are empty from inside.
4. Stability

1. BELIEF IN ALLAH

- Allah is the most Truthful. Allah is the true dominator and every thing is in hands. Allah is taking care of us and He is continuously nurturing us.
- Allah will never leave us and will never disappoint us. If we devote ourselves to other than Allah then we will be lost and in chaos.
- I need to submit myself to Allah and my heart should only go to Him. When He gives, no one can withhold and when He withholds, no one can give.
- With Allah we do not need mediators. He always give us more than what we expected
- People fear and have grief because they trust someone else to take care of them. They do things for someone who is not worthy and they attach to someone whom they think is perfect
- When we deal with Allah who is the most perfect, He will deal with us in the most perfect way.

2. BELIEF IN THE LAST DAY

When you know there is a day of Judgment, it takes away all your fear and grief. People avoid hearing about the day of Judgment because they think it will make them sad and scared. In reality you can only experience happiness and enjoy your life and be in security when you belief in the day of the judgement because you know that there is a day when Allah will account everyone. Nothing is greater than facing the biggest reality and truth i.e. the Day of Judgment. We magnify the problems in life and that is why we are sad and afraid. We will not be worried about the issues of Duniya because they problems will appear minor when we think about the day of Judgment.

No one know when the day of judgement will take place except Allah. This is. mercy from Allah The day of judgment starts for a person upon his death. If we knew when we will die then it will make us disabled. We want to do our best in our life. We need to ask Allah to give us a good end.

On the Day of Judgment the people will be resurrected and will be accounted for their deeds after which they will have an eternal abode. Our destination is in Paradise and we need to seek refuge from Hell. Any problem in the Duniya is

minor as this life is temporary and the life of Hereafter is eternal. People will enter Paradise by the mercy of Allah and Hellfire is justice of Allah

FRUITS/BENEFITS OF BELIEF IN THE LAST DAY

Belief in the Day of Judgment:

1. makes a person to be in control and not harm anyone or engage in bad behavior.
2. makes a person to be wise in his dealings in the worldly matter and he will not exceed his boundary and transgress
3. makes a person to not indulge in the worldly life
4. makes a person to not be jealous because he knows Paradise is greater. It purifies the heart and soul from all sickness
5. makes a person to be tranquil and his heart will be in peace because he knows his deeds will be accepted even if the people do not accept it And if anyone takes his rights then he will have all rights on the last day of Judgment.
- 6.

GOOD DEEDS (OUTSIDE NOURISHMENT)

When faith is firmed inside our hearts then our limbs will be occupied with righteous good deeds. A person who does good deeds without faith will be imbalanced and will live in fear and sadness. Similarly it is not possible to have faith but not doing righteous good deeds. Examples of good deeds is praying, fasting, charity, being dutiful to parents, feeding the poor, attending the study circle, smiling, spreading knowledge and greeting with salam.

A righteous good deed is any action or utterance which is pleasing to Allah. The intention for any righteous good deed is to attain pleasure and love to Allah.

If someone is sad despite doing good deeds it is because of a lack of purity in good deeds then he needs to look at his motive i.e. why is he doing the good deed ? It could be such a person is seeking the pleasure of people.

Any good deeds should be in accordance with the sunnah. The conditions for acceptance of good deeds are:

1. Sincerity in doing the good deed for Allah alone
2. Following the sunnah of the Prophet (صلی اللہ علیہ وسلم)

EXAMPLES OF GOOD DEEDS

1. Obligations i.e. five prayers, fasting Ramadan, giving Zakat and Hajj.
2. Quran: To read, listen, memorize, ponder and apply it.
3. Spreading the salam
4. Visiting the sick
5. Being good to the neighbor i.e. give food, do not harm them. This includes anyone near us when seated next to us at work.
6. Removing harm from path: we should not wait and say someone else will clean it. The one who removes harm from the path will be forgiven his sins.

HADITH - PARADISE FOR THE ONE WHO REMOVES HARM

Abu Barzah reported: I said, “O Prophet of Allah, teach me something that will benefit me.” The Prophet (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ), said, **“Remove harmful things from the roads of the Muslims.”** Source: *Ṣaḥīḥ Muslim* 2618

HOW CAN WE CHANGE OURSELVES?

- Belief in Allah and the last Day
- Do good deeds sincerely for the sake of Allah and follow the sunnah of the Prophet (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) because this will make us live a good life.