



Quranic and Prophetic Nurturing Program

Surah An Naml – Class 8 – Heart Action of Fear

Date: 19 September 2019 / 20 Muharram 1440



Fear (الخوف)

Fear in the Sunnah

Hadith: (قال رسول الله صلى الله عليه وسلم: إِنَّ أَخَوْفَ مَا أَخَافُ عَلَيْكُمُ الشِّرْكَ الْأَصْغَرَ، الرِّيَاءُ،) (The Messenger of Allah (ﷺ) said? “The thing I fear most for you is the lesser shirk (polytheism), showing-off (of good deeds).”)¹

Hadith: (عن جابر بن عبد الله- رضي الله عنهما- قال: قال رسول الله صلى الله عليه وسلم: «إِنَّ أَخَوْفَ مَا أَخَافُ عَلَى أُمَّتِي عَمَلُ» (It was narrated from Jabir bin`Abdullah that the Messenger of Allah (ﷺ) said: The thing that I most fear for my nation is the action of the people of Lut.”)²

Sayings of the righteous predecessors and scholars:

- ‘Umar bin Al Khattab (may Allah be pleased with him) said: “if a caller called from the sky, ‘all you people will enter paradise except one’ then I fear to be that one”.
- ‘Abdallah bin Rubaiyah said he saw ‘Umar bin Al Khattab (may Allah be pleased with him) holding a plant and said, “I wish I was this plant, I wish my mother never gave birth to me, I wish I was forgotten and not remembered”.
- Ibn ‘Abbas may Allah be pleased with him said, “Allah promised paradise for the believers who fear standing before Him and those who perform the obligations.”
- Abu Hurairah (may Allah be pleased with him) once cried and was asked why. He said, “because I’m travelling and I don’t have provision. I don’t know if I will go to paradise or hellfire”.
- ‘Abdallah bin Masood (may Allah be pleased with him) said: “the believer sees his sins as a mountain fearing it will fall on him, while the transgressor sees his sins as a fly flying around his nose he can simply waft away”.

¹ Sahih At Targheeb 32, Authenticated by Al Albani as Sahih

² Ibn Majah 2077



- Al Hasan Al Basri said: "a man might sin and would fear it until he enters paradise".
- He also said, "the believer fears hypocrisy while the hypocrite feels secure from it".

Benefits of fear:

1. Attaining paradise and safety from the hellfire
2. Security on the Day of Judgement
3. Sign of complete faith and Islam
4. Brings forth love of Allah (ﷻ) and obeying Him
5. Sign of purity of the heart and nafs
6. Reason for guidance of the heart
7. Keeps the person away from disobedience and sins
8. Makes the person sincere in his acts
9. Kindness to the creation
10. To be adorned with good manners and away from self-amazement and arrogance

May Allah (ﷻ) make us fear Him alone. Ameen.