

# الشعور الحقيقي

الفروق النفسية بين صفات النفس الطيبة والخبيثة

الإمام ابن القيم الجوزية

and your heart is at rest, because you know you are relying on the Perfect One, and you know He is sufficient for you. Allah gives you the best choices, when you rely on Him, and take the means at your disposal.

صلى الله عليه وسلم said: عَرَضْتُ عَلَيَّ الْأُمُّ بِالْمَوْسِمِ أَيَّامَ الْحَجَّ, فَأَعْجَبَنِي كُثْرَةً أَمْتِي, فَدَمَلَوْا السَّهْلَ وَالْجَبَلَ, قَالُوا: يَا مُحَمَّدَ, أَرَضَيْتَهُنَّا? قَالَ: نَعَمْ, أَيْ رَبِّ, قَالَ: فَإِنْ مَعَ هُوَ لَاءُ سَبْعِينَ الْفَأْلَى يَدْخُلُونَ الْجَنَّةَ بِغَيْرِ حِسَابٍ, وَهُمُ الَّذِينَ لَا يَسْتَرْقُونَ وَلَا يَكْتُنُونَ, وَلَا وَعَلَى رَبِّهِمْ يَتَوَكَّلُونَ, قَالَ عُكَاشَةُ: يَتَطَبَّرُونَ فَلَدُعُ اللَّهُ أَنْ يَجْعَلَنِي مِنْهُمْ, قَالَ اللَّهُمَّ أَجْعَلْهُمْ مِنْهُمْ, فَقَالَ رَجُلٌ أَخْرَى: ادْعُ اللَّهَ يَجْعَلْنِي مِنْهُمْ, قَالَ: سَبَقَكَ بِهَا عُكَاشَةُ.

The nations were presented to me on the Festival in the days of hajj, and I was astonished at the great number of my community. They filled the plains and mountains." They said, "Muhammad, are you content?" "Yes, O Lord!" he said. He said, "In addition to these people there are seventy thousand who will enter the Garden without any reckoning. They are those who do not use charms nor cauterize themselves nor seek omens and who rely on their Lord." 'Ukkasha exclaimed, "Ask Allah to place me among them!" Then another man said, "Ask Allah to put me among them!" The Prophet said, "'Ukkasha has beaten you to it."

الأدب المفرد ، حديث # 911

# True Feelings

Think of tawakkul as a hot air balloon, rising higher and higher in the sky. There are no boundaries for tawakkul, it will take you to Jannah.

Tawakkul is the worship of the heart. When you depend on Allah, and trust him, you are at peace and

The reliance on Allah of the Messenger of Allah was the best. He took all the means according to the situation that he faced. He wore his armour when he went to war. He hid in the cave of Thawr for three days, when he was being pursued by the disbelievers, who wanted to kill him.

Tawakkul is to rely on Allah, while taking the means, believing that the means will only work by your reliance on Allah. So you must appreciate the means. This is the straight path. In order to make your worship rise high, rely on Allah. Tawakkul is the maximum level of tawheed. Not everyone can do this. Allah guides only some people to it, because He knows who is worthy of this elevated worship.

Tawakkul is one of the main constituents of tawheed. It is a quality of عباد الرحمن, the special slaves of the Most Merciful,

distinguishing them. It is a symbol of belief.

In the hands of Allah are benefit and harm. If Allah doesn't will it, no one can touch you in harm, however much they try. In the same way, no one can benefit you if Allah doesn't wish it for you. This is the virtue of tawakkul.

Tawakkul brings hope. The one who relies on Allah is a free bird, soaring in the sky, not attached to anyone or anything. His heart is at rest.

The one who relies on the means, disables himself, making the means invalid. Another way to negate the tawakkul is to disable the means. He is deceived.

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التوكل والعجز  
Relying on Allah and Disability

التوكل عمل القلب وعبوديته إعتماداً على الله وثقة به والتجاء لعمله بكافياته سبحانه وحسن اختياره لعبده إذا فوّض إليه مع قيامه بالأسباب.

كان النبي صلى الله عليه وسلم أعظم المتوكلين وكان يلبس لأمته ودرعه احتفى في الغار ثلاثة أيام. توكل في السبب ولا على السبب. التوكل هو أحد ميامي التوحيد الإلهية.

التوكل نظير الرجاء. العجز تعطيل السبب أو معتمد على السبب. فهو يعطى السبب عجزاً منه أو يقوم بالسبب ناظراً إليه معتمداً عن السبب معرضًا عنه.

إِنَّمَا الْمُؤْمِنُونَ الَّذِينَ إِذَا ذُكِرَ اللَّهُ وَجَلَّ قُلُوبُهُمْ وَإِذَا تُذَكِّرُهُمْ أَيَّاتُهُ زَادُهُمْ إِيمَانًا وَعَلَى رَبِّهِمْ يَتَوَكَّلُونَ

The believers are only those who, when Allah is mentioned, their hearts become fearful, and when His verses are recited to them, it increases them in faith; and upon their Lord they rely

سورة الأنفال

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